Building Capacity as an Early Identification Learning Community

MA Act Early State Team Summit Meeting

April 29, 2016
The basics.

- Restrooms
- Refreshments & breaks
- In your folders:
  - Left side: nametag, CDC materials, MA Act Early brief, LTSAE order form, attendee list
  - Right side: agenda, program, speaker bios, evaluation, morning session handouts
- Plenty of opportunities to network
- *Good news to share? Want to get more involved? Let’s hear it!*
Today’s agenda

• Welcome
  • Elaine Gabovitch, UMMS
• RITA-T Overview
  • Roula Choueiri, UMMS
• Cognitive Neuroscience Panel
  • Morgan Crossman, Laura Edwards, Cora Mukerji, Boston Children’s Hospital
• Telehealth Model
  • Mary Andrianopoulos, UMass Amherst
• Diversity Panel
  • Jacqueline Williams-Hines, NSV
  • Shirley Huang, Architects for Learning
  • Tere Ramos, Mass Law Reform Inst.
• Networking lunch
• Afternoon Workshops:
  • RITA-T: Roula Choueiri, UMMS
  • Considering Culture: Kathleen Braden & Elaine Gabovitch, UMMS-Shriver Center
  • Cultural Brokering: Oanh Thi Thu Bui, FCSN
  • Family Navigation & Project EARLY: Ivys Fernandez-Pastrana & Jenna Sandler, BMC
  • Language Rights, Tere Ramos, Mass Law Reform Inst.
• Adjourn at 2:30 or 4:00
Introductions / Icebreaker

Who’s here with us today?
Every one in 68 children will have an autism spectrum disorder.
National ASD prevalence

Continues to rise
• Up 78%, 2002-2008

1% prevalence birth to age 22
• 1:88 overall
• 1:54 boys; 1:252 girls

Massachusetts prevalence
• 1:85

Average age in MA
• 25.6 months in EI population

Disparity challenges
• For non-English speaking families

Average age of diagnosis
• Autistic disorder: 4 yrs.
• Asperger syndrome: 6 yrs.
What can we do to address the needs of the 1 in 68? Early identification and intervention are the answers.
Background

National Center on Birth Defects and Developmental Disabilities (NCBDDD) - Center for Disease Control and Prevention (CDC) launched the *Learn the Signs. Act Early.* (LTSAE) campaign in 2004

Maternal Child Health Bureau (MCHB), Health Resources and Services Administration (HRSA) implementation of the Combating Autism Act Initiative in 2007
National Partner Resources

Association of University Centers on Disabilities (AUCD)

www.aucd.org

Association of Maternal & Child Health Programs (AMCHP)

www.amchp.org

Health Resources Services Administration-Maternal & Child Health Bureau (HRSA-MCHB)

http://mchb.hrsa.gov/
MA Act Early vision & mission

* Screening early * Screen often * Screen all *

• **Vision**
  The Massachusetts Act Early Coalition works to strengthen state and community systems for the early identification and intervention for children with signs of developmental disabilities, such as autism spectrum disorders. The coalition envisions a future that uses a family-centered model that overcomes geographic, socioeconomic, cultural, and linguistic barriers to assure equal access to developmental screening for all children in the Commonwealth.

• **Mission**
  Massachusetts Act Early aims to educate parents and professionals about healthy childhood development, early warning signs of developmental disorders including autism spectrum disorder, the importance of routine developmental screening, and timely early intervention whenever there is a concern.
MA Act Early goals

1. Conduct outreach to parents and providers to increase public awareness of healthy developmental milestones, as well as signs of developmental disorders including autism spectrum disorder
2. Increase training for health care, early childhood, and elementary educational professionals
3. Shorten the wait times between screening and diagnosis as well as diagnosis and intervention
4. Develop culturally competent autism screening materials and training curricula for early childhood and elementary educators, clinicians, community health centers and pediatric practices
MA Act Early state team

• Est. April 2010
• 40 - 60+ active state team members represent parents, health care organizations, public health, early education, elementary and secondary education, disability agencies, family support agencies, advocacy groups, UCEDDs & LENDs, and research centers
• Made up of executive steering committee, 3 former task forces, and 4 grant project teams to date
• Steering committee meets quarterly
• State team meets once or twice per year at summit meetings
2015 Summit & P2P
Considering Culture Theme
LTSAE Products & Resources

Screen early * Screen often * Screen all
For Families
CDC
“Learn the Signs. Act Early.”
Materials
Tri-Fold Brochure

Your Child’s Early Development is a Journey

6 MONTHS
- Turns his head when you call his name
- Smiles back at you
- Responds to sound by making sounds
- Sits without support for a short time
- Likes to play games (like peek-a-boo)
- Pulls up to stand

12 MONTHS (1 YEAR)
- Copies you during play (like clapping when you clap)
- Responds when told “no” or “no-no”
- Says “mama” and “dada”

18 MONTHS (1½ YEARS)
- Does 2- to 4-word sentences
- Shows affection for playmates
- Looks at something when you point to it and say “uh-oh”
- Walks without help
- Points to interesting things

2 YEARS
- Follows simple instructions
- Kicks a ball
- Points to something (like a toy or picture) when you name it

3 YEARS
- Follows 3-step commands (like “get dressed, comb your hair, and wash your face”)
- Plays make-believe with toys, animals, and people (like building a baby bear)
- Climbs well
- Copies adults and objects (like a baby bed)

4 YEARS
- Runs and can stand on one foot for up to five seconds
- Uses 5- to 6-word sentences
- Shares and takes turns with other children
- Draws circles and squares

Those are just a few of many important milestones to look for. For more complete checklists by age visit www.ACC-EarlyWNC.edu or call 1-800-CDC-INF0.

Available in English and Spanish
Local customization available
Milestone Moments brochure

Milestone Moments

Your Child at 3 Years

What children do at this age – and how you can help their development.

Social/Emotional
- Copies adults and playmates
- Shows affection for playmates without prompting
- Takes turns in games
- Plays well with two or three children in a group
- Cares about others’ feelings
- Understands the idea of “mine” and “his or hers”
- Shows affection openly
- Shows a wide range of emotions
- Separates easily from mom and dad
- Gets upset with major changes in routine

How you can help your child’s social and emotional development
- Go to play groups with your child or other places where there are other children, to encourage getting along with others.
- Name your child’s emotions. For example, say, “I can tell you feel mad because you threw the puzzle piece.” Encourage your child to identify feelings in books.
- Work with your child to solve the problem when he is upset.
- Set rules and limits for your child, and stick to them. If your child breaks a rule, give him a time out for 30 seconds in a chair or in his room.
- Praise your child for following the rules.
- When your child sees another child who is upset, encourage her to offer comfort by giving a hug or a toy.
- During play dates, set a timer for trading toys with the other child to encourage sharing and taking turns.

✓ Milestones for ages 2 mos. thru 5 yrs.
✓ Parenting Tips
✓ Developmental Health Watch
“Amazing Me” Children’s Book

Distributed through Reach Out and Read
Fotonovela in English & Spanish

Focus groups advised on adapting to videonovela PSA’s - seeking funding
For Educators
Watch Me! Training Curriculum

Watch Me!
Celebrating Milestones and Sharing Concerns
Learn the Signs. Act Early.

A free, 1-hour continuing education course from CDC to help early care and education providers identify and monitor developmental milestones, recognize signs of potential delay, and talk with parents about developmental concerns.

www.cdc.gov/WatchMeTraining
CDC’s “Learn the Signs. Act Early.” Campaign

Go Out and Play! Kit

A resource to help early educators monitor development through play
Autism Case Training (ACT) Curriculum

- Two versions:
  - CME self-paced version – 3 modules & didactic
  - Didactic version - 7 modules
- Case studies, videos and supporting materials

www.cdc.gov/AutismCaseTraining
For All Audiences
Welcome to Massachusetts Act Early

Massachusetts Act Early aims to educate parents and professionals about healthy childhood development, early warning signs of autism and other developmental disorders, the importance of routine developmental screening, and timely early intervention whenever there is a concern.

Whether you are a parent or a professional who works with...
Social Media

www.facebook.com/MAActEarly
Learn the Signs. Act Early.

www.cdc.gov/actearly
Healthy People 2020
Massachusetts Autism Roadmap for Children and Youth with ASD/DD

(1) assess state needs of children with ASD and DD that align with six MCHB core indicators (i.e., screening, medical home, access, family involvement, transition, and financing);

(2) refine the existing state plan to address identified needs; and

(3) outline a comprehensive evaluation plan and program surveillance strategy to monitor and report on future state ASD/DD outcomes.

Focus on underserved children and youth by race, culture, language, immigrant status, region, transition age, insurance coverage, level of function, and mental health status.
Coming in 2017…

• **Cable access/radio series** on the importance of developmental monitoring in young children for families in 7 languages & cultures

• Will broadcast live and archived via YouTube, podcasts, and links posted on member sites

• We hope you’ll help to promote the series when it’s time!

• Lots more new **CDC materials & resources**!
Activities worth doing now!

• Distribute LTSAE materials to parents, providers, educators, anyone working with children & families
• Order LTSAE materials at CDC web site: www.cdc.gov/actearly
• Share ACT training with physicians; share Watch Me! training with educators
• Visit the MA Act Early web site
  • Submit a blog post or news related items
  • Download customized materials for dissemination
  • Spread the word about the “Considering Culture” products
• Invite your friends & colleagues to like us on Facebook!
• Stay tuned for updates via email distribution list
• **Share your news with the state team!**
Questions?
Thank you for listening.
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