



Building Capacity as an Early Identification Learning Community

MA Act Early State Team Summit Meeting

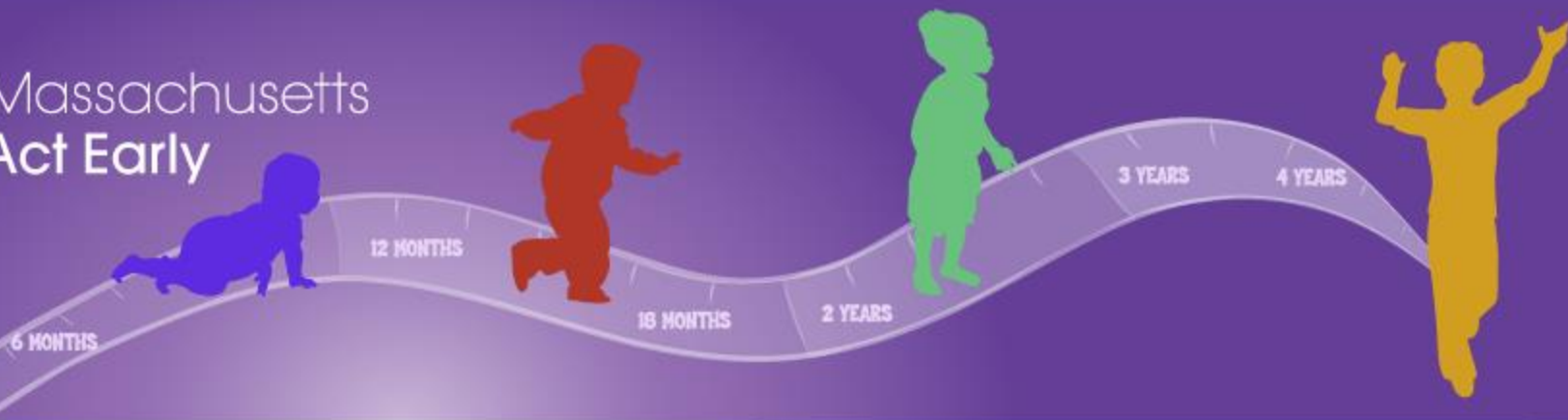
April 29, 2016



Massachusetts
Act Early



Massachusetts
Act Early



The basics.

- Restrooms
- Refreshments & breaks
- In your folders:
 - Left side: nametag, CDC materials, MA Act Early brief, LTSAE order form, attendee list
 - Right side: agenda, program, speaker bios, evaluation, morning session handouts
- Plenty of opportunities to network
- *Good news to share? Want to get more involved? Let's hear it!*

Today's agenda

- **Welcome**
 - Elaine Gabovitch, UMMS
- **RITA-T Overview**
 - Roula Choueiri, UMMS
- **Cognitive Neuroscience Panel**
 - Morgan Crossman, Laura Edwards, Cora Mukerji, Boston Children's Hospital
- **Telehealth Model**
 - Mary Andrianopoulos, UMass Amherst
- **Diversity Panel**
 - Jacqueline Williams-Hines, NSV
 - Shirley Huang, Architects for Learning
 - Tere Ramos, Mass Law Reform Inst.
- **Networking lunch**
- **Afternoon Workshops:**
 - RITA-T: Roula Choueiri, UMMS
 - Considering Culture: Kathleen Braden & Elaine Gabovitch, UMMS-Shriver Center
 - Cultural Brokering: Oanh Thi Thu Bui, FCSN
 - Family Navigation & Project EARLY: Ivys Fernandez-Pastrana & Jenna Sandler, BMC
 - Language Rights, Tere Ramos, Mass Law Reform
- **Adjourn at 2:30 or 4:00**



Introductions / Icebreaker

**Who's here with us
today?**





Every one in 68 children will have an autism spectrum disorder.



National ASD prevalence

Continues to rise

- Up 78%, 2002-2008

1% prevalence birth to age 22

- 1:88 overall
- 1:54 boys; 1:252 girls

Average age of diagnosis

- Autistic disorder: 4 yrs.
- Asperger syndrome: 6 yrs.

Massachusetts prevalence

- 1:85

Average age in MA

- 25.6 months in EI population

Disparity challenges

- For non-English speaking families





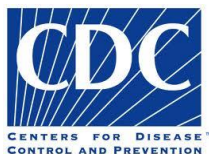
What can we do to address the
needs of the 1 in 68?

Early identification and intervention
are the answers.

Background

National Center on Birth Defects and Developmental Disabilities (NCBDDD) - Center for Disease Control and Prevention (CDC) launched the *Learn the Signs. Act Early.* (LTSAE) campaign in 2004

Maternal Child Health Bureau (MCHB), Health Resources and Services Administration (HRSA) implementation of the Combating Autism Act Initiative in 2007



National Partner Resources

Association of University Centers on Disabilities (AUCD)

www.aucd.org

Association of Maternal & Child Health Programs (AMCHP)

www.amchp.org

**Health Resources Services Administration-Maternal & Child
Health Bureau (HRSA-MCHB)**

<http://mchb.hrsa.gov/>



MA Act Early vision & mission

*** Screening early * Screen often * Screen all ***

- **Vision**

The Massachusetts Act Early Coalition works to strengthen state and community systems for the early identification and intervention for children with signs of developmental disabilities, such as autism spectrum disorders. The coalition envisions a future that uses a family-centered model that overcomes geographic, socioeconomic, cultural, and linguistic barriers to assure equal access to developmental screening for all children in the Commonwealth.

- **Mission**

Massachusetts Act Early aims to educate parents and professionals about healthy childhood development, early warning signs of developmental disorders including autism spectrum disorder, the importance of routine developmental screening, and timely early intervention whenever there is a concern.



MA Act Early goals

1. Conduct outreach to parents and providers to increase public awareness of healthy developmental milestones, as well as signs of developmental disorders including autism spectrum disorder
2. Increase training for health care, early childhood, and elementary educational professionals
3. Shorten the wait times between screening and diagnosis as well as diagnosis and intervention
4. Develop culturally competent autism screening materials and training curricula for early childhood and elementary educators, clinicians, community health centers and pediatric practices



MA Act Early state team

- Est. April 2010
- 40 - 60+ active state team members represent parents, health care organizations, public health, early education, elementary and secondary education, disability agencies, family support agencies, advocacy groups, UCEDDs & LENDs, and research centers
- Made up of executive steering committee, 3 former task forces, and 4 grant project teams to date
- Steering committee meets quarterly
- State team meets once or twice per year at summit meetings

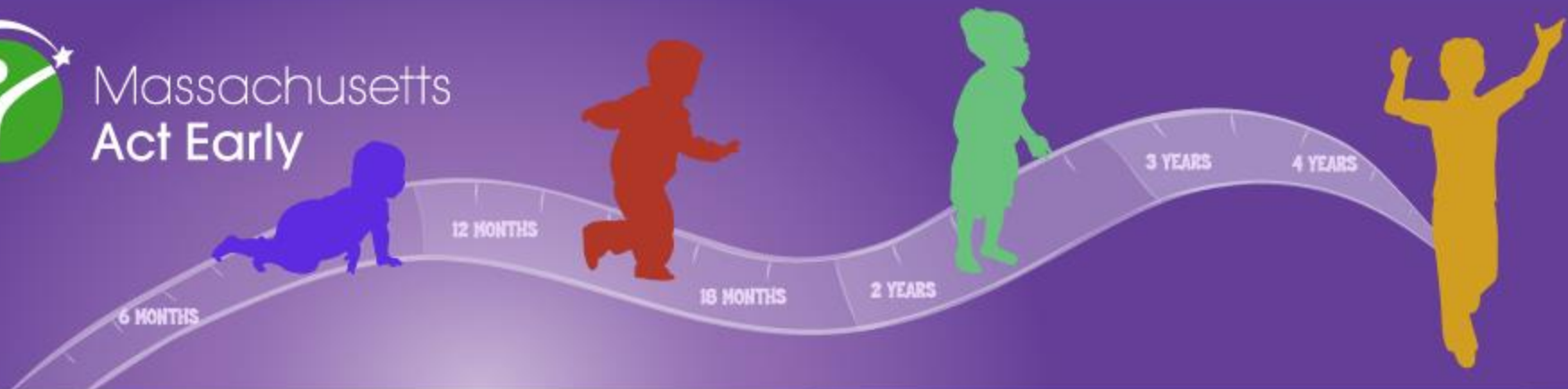


2015 Summit & P2P Considering Culture Theme





Massachusetts
Act Early



LTSAE Products & Resources

Screen early * Screen often * Screen all

“Learn the Signs. Act Early.” Ambassadors



“Learn the Signs. Act Early.” Ambassadors June 23, 2011



For Families

CDC

“Learn the Signs. Act Early.” Materials





Tri-Fold Brochure



Available in English and Spanish
Local customization available


Milestone Moments brochure

Milestone Moments



You can follow your child's development by watching how he or she plays, learns, speaks, and acts.

Look inside for milestones to watch for in your child and how you can help your child learn and grow.

 U.S. Department of Health and Human Services
Centers for Disease Control and Prevention


www.cdc.gov/actearly

Learn the Signs. Act Early.

Your Child at 3 Years

Talk with your child's doctor at every visit about the milestones your child has reached and what to expect next.

What children do at this age – and how you can help their development.



Social/Emotional

- ❑ Copies adults and playmates
- ❑ Shows affection for playmates without prompting
- ❑ Takes turns in games
- ❑ Plays well with two or three children in a group
- ❑ Cares about others' feelings
- ❑ Understands the idea of "mine" and "his" or "hers"
- ❑ Shows affection openly
- ❑ Shows a wide range of emotions
- ❑ Separates easily from mom and dad
- ❑ Gets upset with major changes in routine

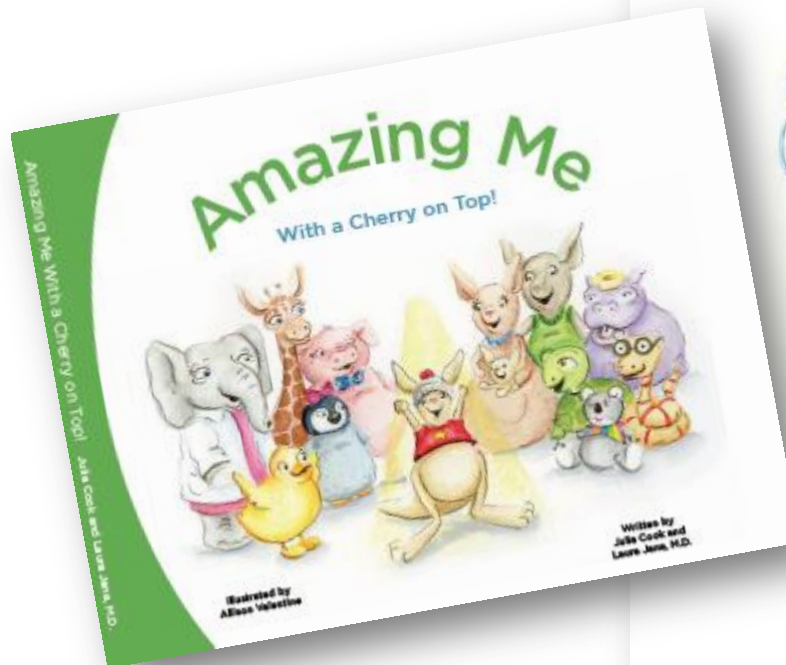
How you can help your child's social and emotional development

- Go to play groups with your child or other places where there are other children, to encourage getting along with others.
- Name your child's emotions. For example, say, "I can tell you feel mad because you threw the puzzle piece." Encourage your child to identify feelings in books.
- Work with your child to solve the problem when he is upset.
- Set rules and limits for your child, and stick to them. If your child breaks a rule, give him a time out for 30 seconds in a chair or in his room. Praise your child for following the rules.
- When your child sees another child who is upset, encourage her to offer comfort by giving a hug or a toy.
- During play dates, set a timer for trading toys with the other child to encourage sharing and taking turns.

3 Your Child at 3 Years www.cdc.gov/actearly 4

- ✓ Milestones for ages 2 mos. thru 5 yrs.
- ✓ Parenting Tips
- ✓ Developmental Health Watch

“Amazing Me” Children’s Book



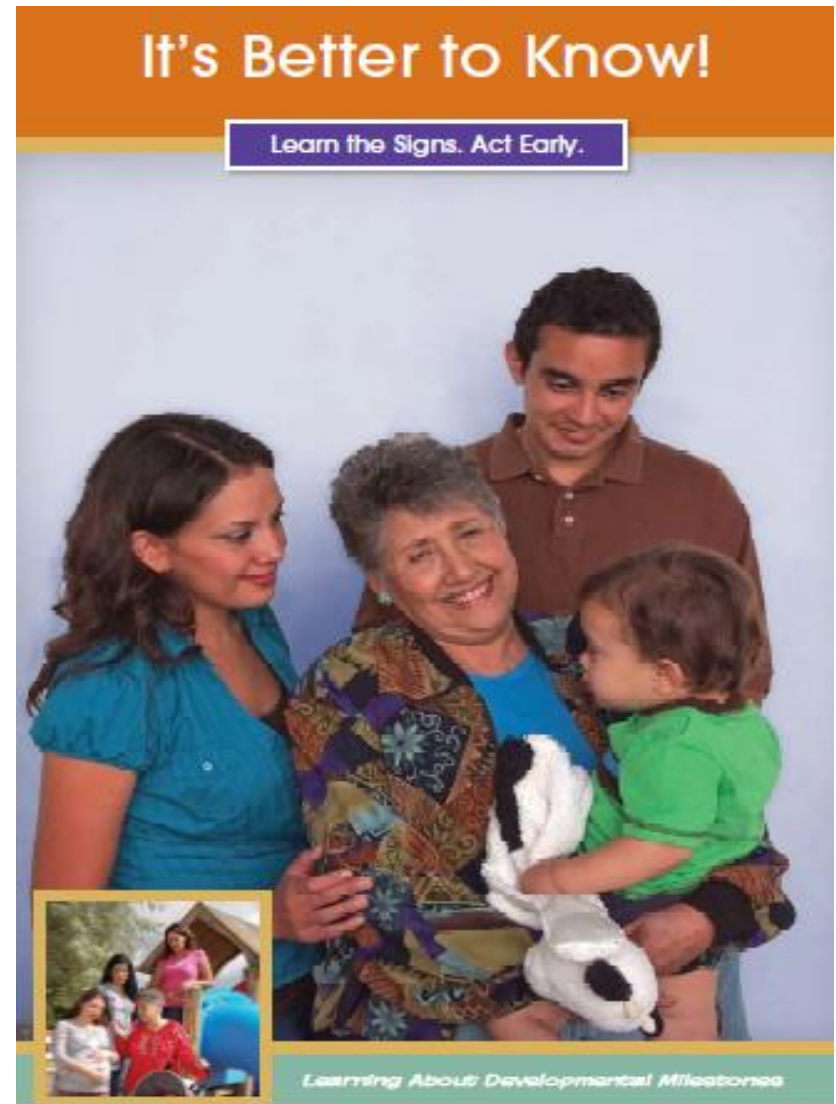
Every day when I wake up, the first thing I do is get dressed. I can put on my clothes all by myself, and I do an **AMAZING** job.

“It’s too cold to wear shorts when it’s snowing outside, and you shouldn’t wear your cowboy boots without socks,” says my mom.

Distributed through Reach Out and Read

Fotonovela in English & Spanish

*Focus groups advised on
adapting to videonovela
PSA's - seeking funding*





For Educators

Watch Me! Training Curriculum



A free, 1-hour continuing education course from CDC to help early care and education providers identify and monitor developmental milestones, recognize signs of potential delay, and talk with parents about developmental concerns.

www.cdc.gov/WatchMeTraining

CDC's
"Learn the Signs. Act Early." Campaign

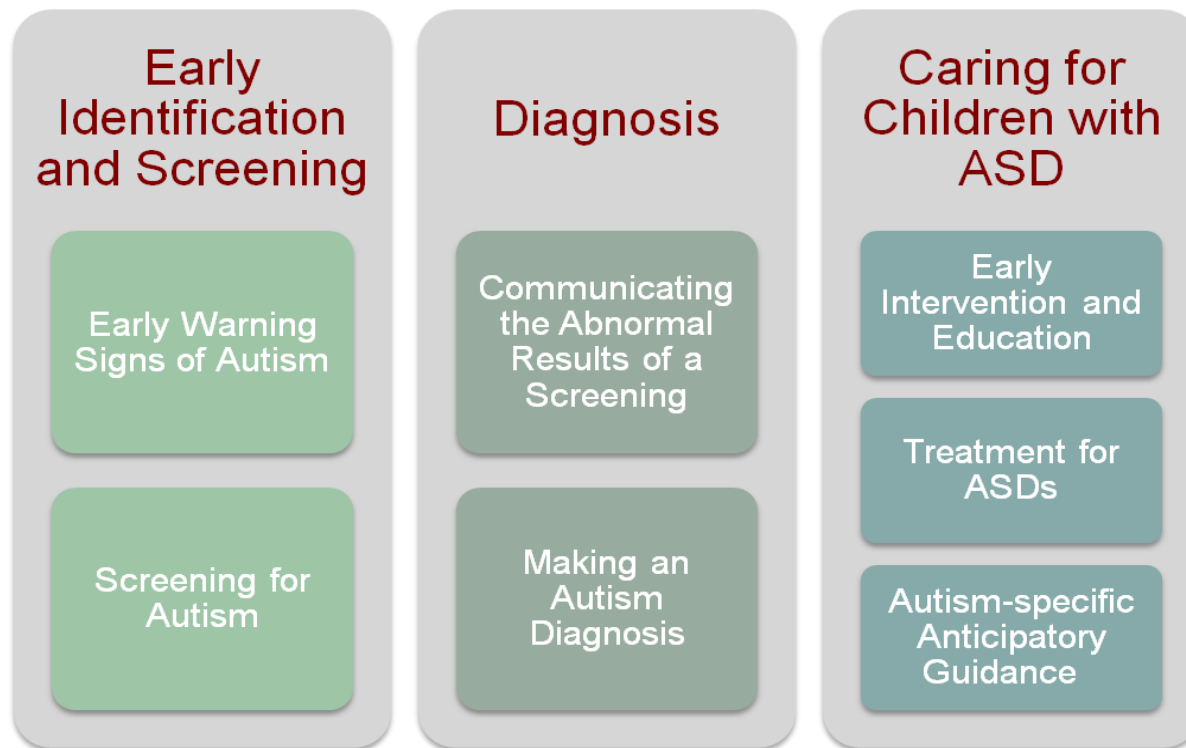
Go Out and Play! Kit

**A resource to help early educators
monitor development through play**



For Clinicians

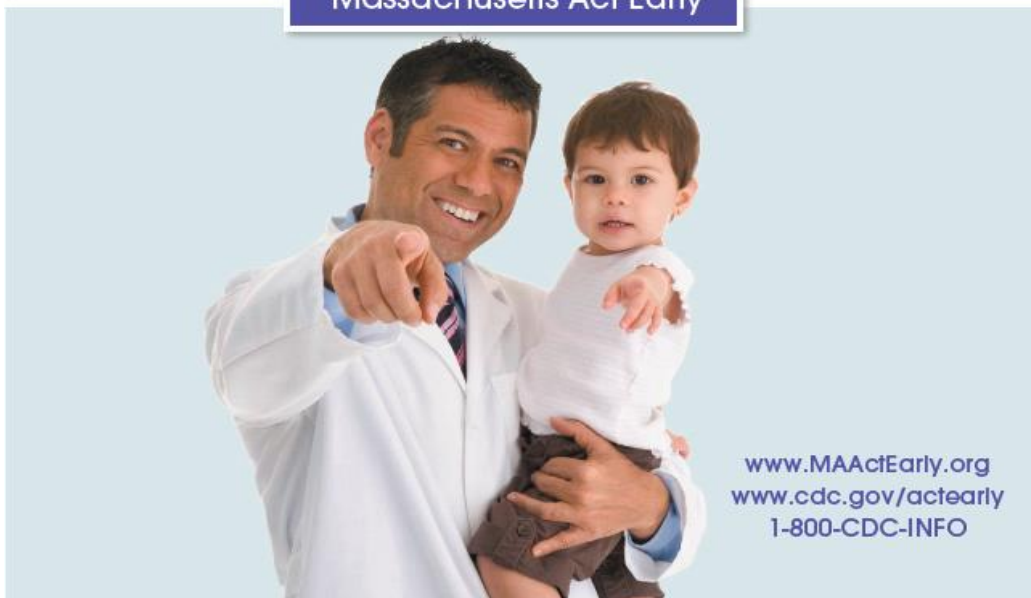
Autism Case Training (ACT) Curriculum



- Two versions:
 - CME self-paced version – 3 modules & didactic
 - Didactic version - 7 modules
- Case studies, videos and supporting materials
- www.cdc.gov/AutismCaseTraining

Considering Culture in Autism Screening

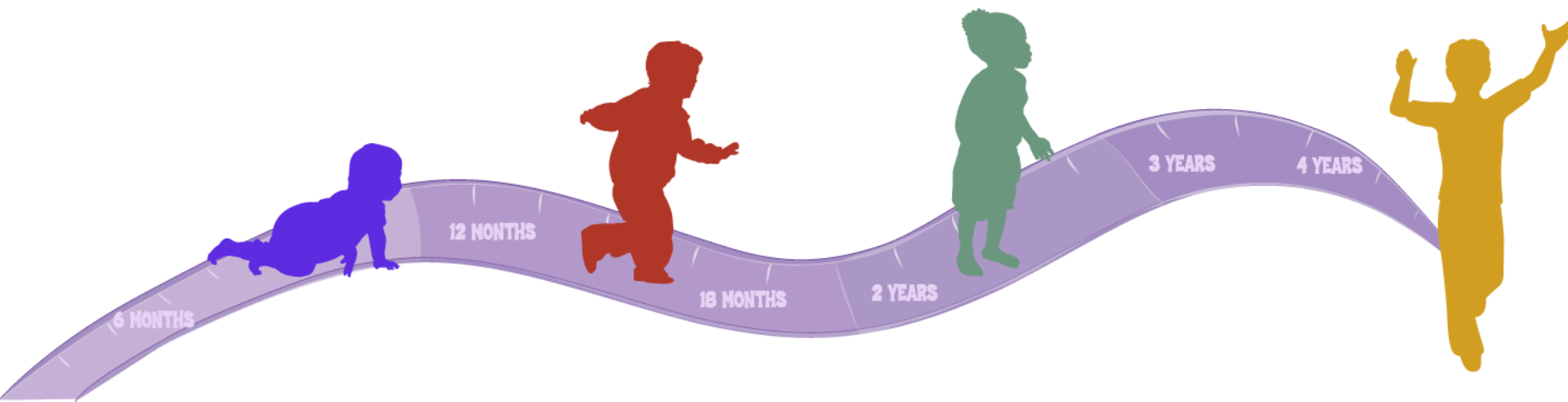
Massachusetts Act Early



www.MAActEarly.org
www.cdc.gov/actearly
1-800-CDC-INFO



Screening Guide, Kit & Curriculum



For All Audiences

MA Act Early Web site

www.maactearly.org



Welcome to Massachusetts Act Early



Massachusetts Act Early aims to educate parents and professionals about healthy childhood development, early warning signs of autism and other developmental disorders, the importance of routine developmental screening, and timely early intervention whenever there is a concern.

Whether you are a parent or a professional who works with

Find us on Facebook



MA Act Early

✓ Like You like this.



MA Act Early

A wonderful public service video for parents about healthy developmental milestones in young children - worth watching!

Social Media

Page Messages Notifications 2 Insights Publishing Tools Settings Help

Massachusetts Act Early

Autism Screening
Massachusetts Act Early
www.maactearly.org
1-800-CDC-MA

MA Act Early
Community

Create Call to Action Share

Timeline About Photos Likes More

181 likes +2 this week

149 post reach this week

Find New Customers
Connect with more of the people who matter to you
Promote Page

ABOUT

"Learn the Signs. Act Early" MA Campaign
<http://www.maactearly.org/> Promote Website

PHOTOS

Status Photo / Video Offer, Event +

What have you been up to?

MA Act Early shared a link.
July 20 at 7:52pm ·

Recent
2015
2014
2013
2012
Started



Find us on
Facebook

www.facebook.com/MAActEarly

CDC “Learn the Signs. Act Early.”

www.cdc.gov/actearly

The screenshot shows the CDC 'Learn the Signs. Act Early.' homepage. The browser window title is 'CDC - Learn the Signs. Act Early. Homepage - NCDDDD - Mozilla Firefox'. The address bar shows 'www.cdc.gov/ncbddd/actearly/index.html'. The page features the CDC logo and tagline 'Centers for Disease Control and Prevention. CDC 24/7: Saving Lives. Protecting People.™'. A search bar is located on the right. Below the header, there is a navigation menu with links like 'A-Z Index', 'Learn the Signs Home', 'Milestones', 'If You're Concerned', 'Facts', 'Free Materials', 'Multimedia & Tools', 'Info For Families', 'Info For Healthcare Providers', 'Info For Early Childhood Educators', 'Info For Partners', 'Get Involved', and 'About the Program'. The main content area is titled 'Learn the Signs. Act Early' and includes a sidebar with social media links (Recommend, Tweet, Share) and a section titled 'It's time to change how we view a child's growth.' with a photo of a child. Below this is a section for 'New: Autism Case Training (ACT)' with a link to a 'Web-based Continuing Education course'. Further down is a section for 'Read Amazing Me -- It's Busy Being 3!' with a photo of a child and a book cover. At the bottom, there is a 'Quiz' section titled 'Test Your Knowledge - Take the Milestones Quiz!' with a question about a child's developmental milestone. The right sidebar contains links for 'Email page link', 'Print page', 'Get email updates', 'Subscribe to RSS', 'Listen to audio/Podcast', 'View page in: Español (Spanish)', and 'FOLLOW US ON twitter'. The bottom of the page shows the Windows taskbar with various icons and the time '9:38 PM'.

CDC Home
Centers for Disease Control and Prevention
CDC 24/7: Saving Lives. Protecting People.™

A-Z Index: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Learn the Signs. Act Early

Learn the Signs Home
Milestones
If You're Concerned
Facts
Free Materials
Multimedia & Tools
Info For Families
Info For Healthcare Providers
Info For Early Childhood Educators
Info For Partners
Get Involved
About the Program

Information For...
Media
Policy Makers

Recommend 728 Tweet 149 Share

It's time to change how we view a child's growth.
Do you know all the ways you should measure your child's growth? We naturally think of height and weight, but from birth to 5 years, your child should reach milestones in how he plays, learns, speaks and acts. CDC estimates 1 in 88 children has been identified with an autism spectrum disorder (ASD). Track your child's development and act early if you have a concern.
[Learn more about milestones >](#)

New: Autism Case Training (ACT)
[Web-based Continuing Education course](#) designed to help health care professionals gain knowledge and skills to improve early identification, diagnosis and care of children with ASDs.

Read Amazing Me -- It's Busy Being 3!
In *Amazing Me -- It's Busy Being 3!* Joey, a 3-year-old kangaroo, shows what he can do in one AMAZING day. This children's book teaches parents developmental milestones as they read to their young child.
[More >](#)

Quiz
Test Your Knowledge - Take the Milestones Quiz!
What developmental milestone is this child showing us?

a. Plays "mom" or "dad"
b. Understands concept

Email page link
Print page
Get email updates
Subscribe to RSS
Listen to audio/Podcast
View page in:
Español (Spanish)
FOLLOW US ON twitter

PUBLIC HEALTH
GRAND ROUNDS
"Where in health is disability?"
Children with Neurologic Disorders
Get a flu shot every year
Always treat flu illness promptly.
CDC 24/7
Saving Lives. Protecting People.
LEARN MORE ABOUT HOW CDC WORKS FOR YOU.
Keep Your Kids Healthy

Start
Inbox...
Docu...
I:Vac...
Micro...
CDC...
Search Desktop
9:38 PM



Healthy People 2020 Massachusetts Autism Roadmap for Children and Youth with ASD/DD

- (1) assess **state needs of children with ASD and DD** that align with six MCHB core indicators (i.e., screening, medical home, access, family involvement, transition, and financing);
- (2) refine the existing state plan to **address identified needs**; and
- (3) outline a comprehensive evaluation plan and program surveillance strategy to **monitor and report on future state ASD/DD outcomes**.

Focus on underserved children and youth by race, culture, language, immigrant status, region, transition age, insurance coverage, level of function, and mental health status.

Considering Culture in Autism Screening

Massachusetts Act Early



www.MAActEarly.org
www.cdc.gov/actearly
1-800-CDC-INFO

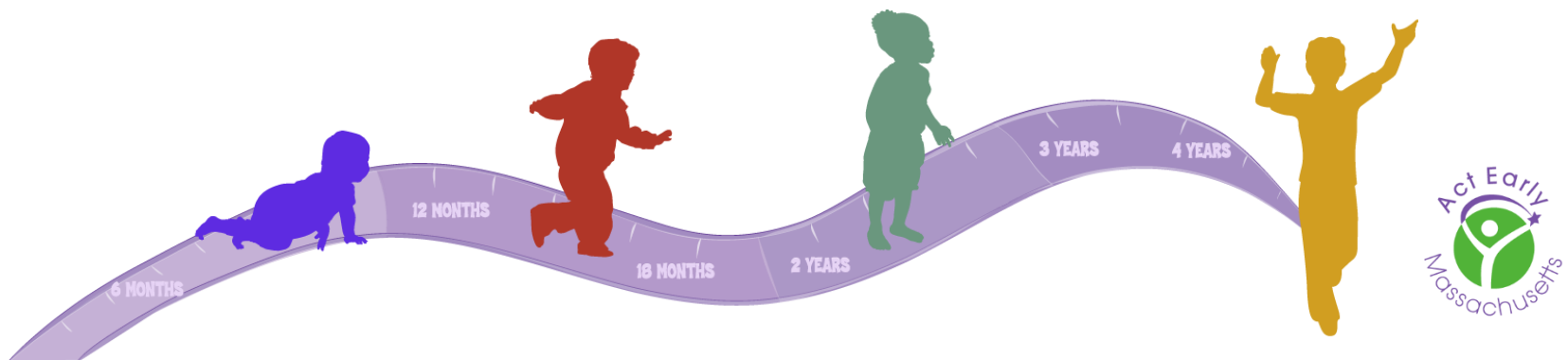


Coming in 2017...

- **Cable access/radio series** on the importance of developmental monitoring in young children for families in 7 languages & cultures
- Will broadcast live and archived via YouTube, podcasts, and links posted on member sites
- We hope you'll help to promote the series when it's time!
- Lots more new **CDC materials & resources!**

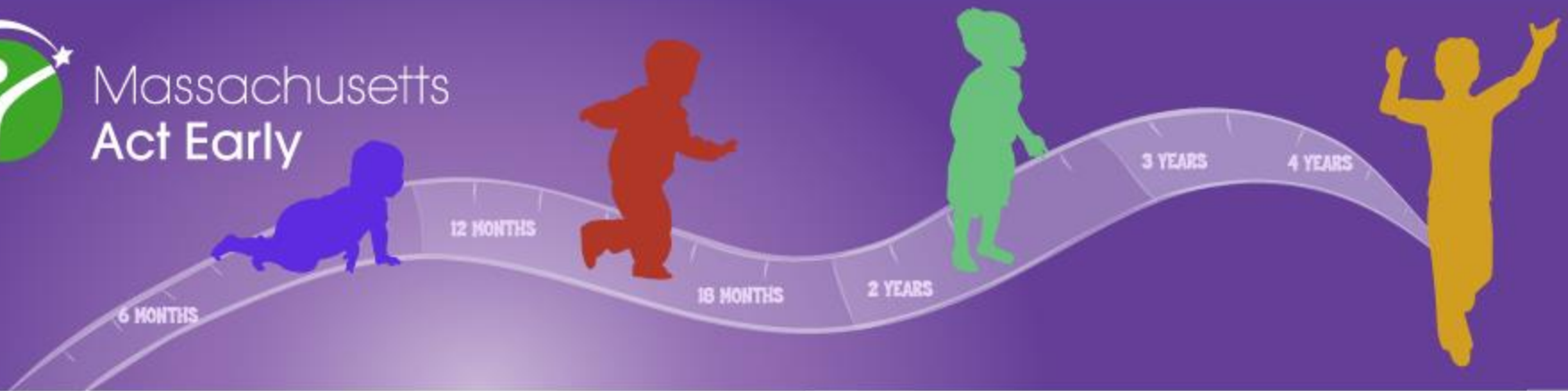
Activities worth doing now!

- Distribute LTSAE materials to parents, providers, educators, anyone working with children & families
- Order LTSAE materials at CDC web site: www.cdc.gov/actearly
- Share ACT training with physicians; share Watch Me! training with educators
- Visit the MA Act Early web site
 - Submit a blog post or news related items
 - Download customized materials for dissemination
 - Spread the word about the “Considering Culture” products
- Invite your friends & colleagues to like us on Facebook!
- Stay tuned for updates via email distribution list
- ***Share your news with the state team!***





Massachusetts
Act Early



Questions?
Thank you for listening.
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